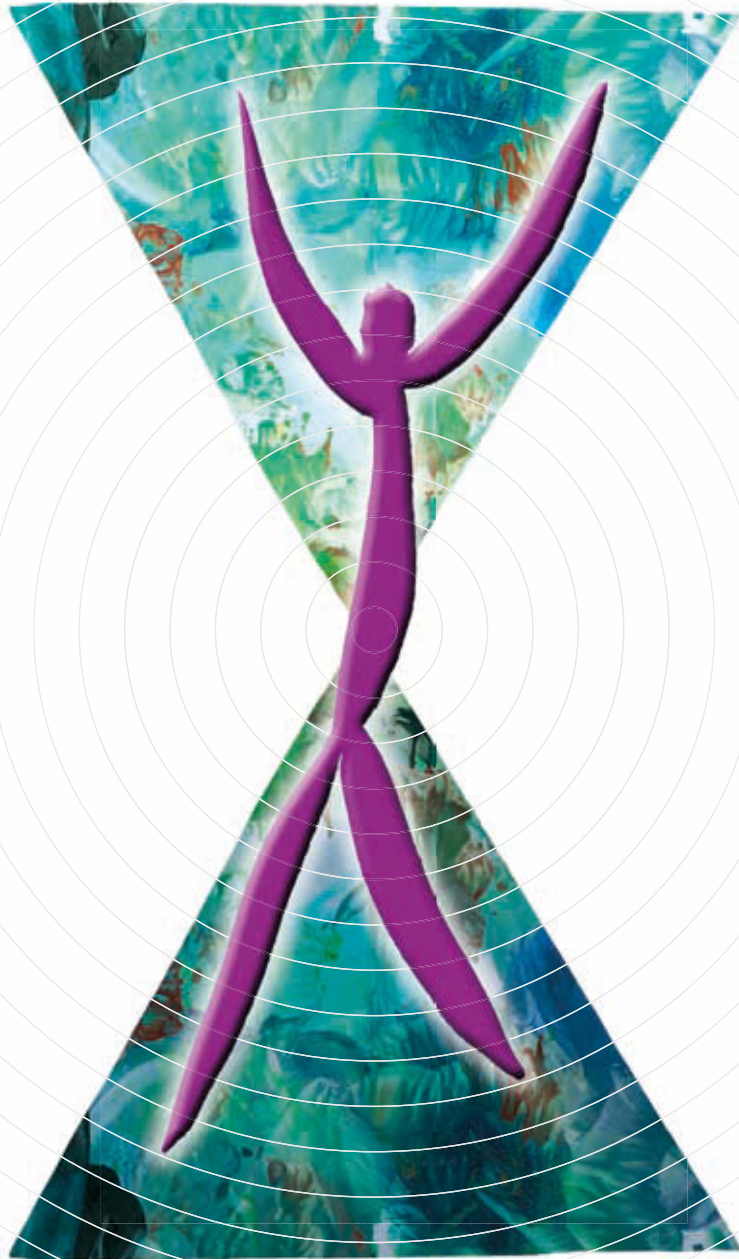


**YodTum!**

School of Natural Leadership

# The Expedition \_\_\_\_\_ to natural leadership



Firmament

## For Whom?

**For everyone who dares look themselves in the eye ... and into their soul.**

**For those who want to know what their unique significance is, their life's purpose.**

**For those who want to sparkle. Who want to live by what really drives and fulfils.**

**And, for those who want to know how to bring out the best in themselves; how to inspire themselves and others, by being just who they are.**

## Empowering Training courses

*The paths are different,  
the destination the same*

Our intensive training courses bring everyone's natural leadership to the surface. The focus differs but applying your natural leadership in your day to day life is the focal point. Every course starts with an individual YodTum Day: an in-depth self-investigation into your own natural leadership. Exciting, sometimes confronting; but always empowering and inspiring!

### - the Expedition to natural leadership

Intensive leadership program which focuses on work and a powerful interaction between training sessions and one's own working environment.

*Group course of 12 days + Out of the Box project. Costs: € 7.200 (excl. VAT)*

### - the Voyage of discovery to natural leadership

Intensive training course which focuses on effectuating your natural leadership in your life.

*Group course of 7 days + Out of the Box project. Costs: € 4.700 (excl. VAT)*

### - the Team voyage to natural leadership

This course strengthens the synergies for teams who want to inspire each member's natural leadership capability for the benefit of the group result.

*Tailored team course of 6-12 days + team project.*

### - the Individual journey to natural leadership

YodTum Day: an empowering self-investigation supervised by a YodTum coach. You will obtain your personal compass to natural leadership.

Follow up coaching: coaching on how to put this into effect.

*Individual YodTum Day. Costs: € 1.150 (excl VAT)*

*Personal coaching of 6 x 1½ hours. Costs: € 1.620 (excl VAT)*

You can find our training brochures on [www.yodtum.nl](http://www.yodtum.nl) or call us regarding tailored courses.

## Natural leadership

### The Inspiration

In your natural leadership you inspire yourself and others naturally, just by being yourself. Your personal source of inspiration leads you to your greatest desire; that what makes your life meaningful. The inner power that results from this urges you on. You already carry this within you, you simply aren't aware of it yet.

### YodTum! The compass

YodTum is the instrument that leads you in a clear, structured self-investigation to your natural leadership. You will learn what it is that actually drives and fulfils you. What your unique, inner power is and how you can put this to use to inspire yourself and others. You will also discover your survival strategy that successfully keeps you upright in life but eventually never completely satisfies...



### The 5 principles

- Clarity of intention
- Freedom of choice
- Face everything, avoid nothing
- Don't take it personally
- Act for the good of the whole

### YodTum! The book

The YodTum instrument was developed by Yolanda Dol. Based on 10 years of successful YodTum coaching and training courses, she wrote this book about the workings of this empowering instrument. Order this book from [www.yodtum.nl](http://www.yodtum.nl)



# the Expedition to natural leadership

*An intensive leadership program aimed at applying your natural leadership in your working environment.*

## Intention and Content

The introductory meeting with the trainers clarifies everyone's aim. Subsequently the program starts with an individual YodTum Day during which everyone gains insight into their natural leadership and survival strategy. The three training modules focus on strengthening everyone's natural leadership in their own team and in the organisation.

**Module 1: Leading Yourself.** Do I take leadership of who I am and what I stand for?

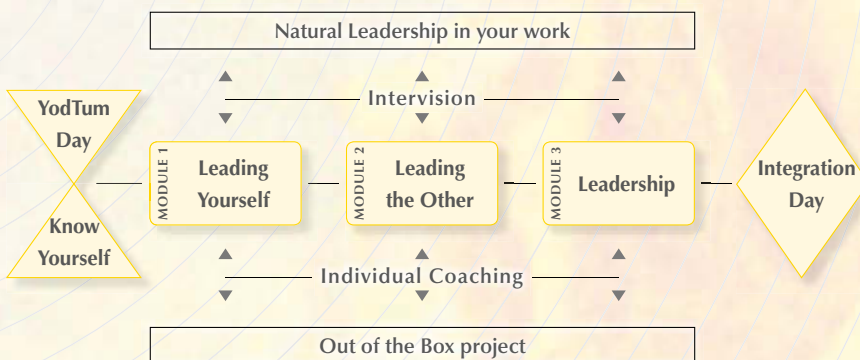
**Module 2: Leading the Other.** Do I inspire my team to be completely involved and responsible?

**Module 3: Leadership.** Do I effectuate what I and my organisation stand for?

**Integration day.** Evaluation, clear future perspectives and celebration of the results.

The insights gained are continuously used in everyone's own working environment and are reflected upon in-depth during the supervised peer group meetings. A powerful and inspiring combination. During their individual coaching, the participants receive their own personal issues to reflect upon and their development areas are highlighted.

Everyone also shapes their natural leadership role in the Out of the Box project that each participant chooses for themselves. The inspiration is clearly noticeable!



### Expedition Dates

*Start: Autumn 2012*

Module 1: 8-9 October 2012

Module 2: 3-4 December 2012

Module 3: 7-8 March 2013

Integration day: 27 May 2013

*Start: Spring 2013*

Module 1: 27-28 March 2013

Module 2: 5-6 June 2013

Module 3: 9-10 October 2013

Integration day: 12 December 2013

*Start: Autumn 2013*

Module 1: 3-4 October 2013

Module 2: 10-11 December 2013

Module 3: 6-7 March 2014

Integration day: 23 May 2014

The dates for the **YodTum Day**, **intervision** and **individual coaching** will be further adapted.

**Turnaround:** 9 months

**Number of participants:** 8 - 12

**Costs:** € 7.200

(excl. VAT and accommodation)

## The Destination

**At the end of the program the participants will have:**

- Insight into their natural leadership role and the significance of this for their team and the organisation;
- Proposed an integrated approach to change, based on the team diagnosis;
- Experienced how they can enthuse their colleagues by implementing advanced concepts in organisation and team development;
- Achieved maximum involvement and responsibility within their team;
- Inspired themselves and the people around from within;
- Challenged the organisation to high performance and maximum resilience by creating the awareness of what is actually going on;
- The feeling of being a true Ambassador for themselves and the organisation.





## Meet the Trainers

The trainers of the Expedition to natural leadership each have their own field of expertise, are authentic and share the desire to let people shine like the inspiring personalities they are on the inside.

### **Frank Schaper**

*Leadership specialist*

*Maker of team awareness*

*Inventor*

Frank Schaper discovered his passion for synergy in teams during his management positions at the KLM



where he managed departments and teams of 70 to 7000 employees.

For Frank the application of each and everyone's unique qualities is the key.

In 2001 he resigned in order to share his knowledge and expertise as a trainer, personal coach and writer. In his book *How to become a born leader* he mirrors people with their (cartoon) hero's. Using his creative spirit, Frank manages to inspire and challenge people to find new ways of accomplishing the results they are aiming for. He supports people in broadening their awareness, utilizing their potential and developing their skills.

### **Andrea Henning**

*Essentialist*

*Reckless dreamer*

*Globe trotter*

Andrea Henning is originally master of agricultural science. She is a pragmatic optimist with big dreams of which many have become reality. She has a keen eye for seeing where people stand in



their process and what their next step could be. As no other, Andrea can stimulate people to discover their authenticity and to create their lives from what drives them from deep within.

In team courses she makes sure that all hands are on deck and strives for results that make everyone want to get out of bed in the morning! Andrea is enthusiastic and gets to the heart of the matter. Tangible results, awareness and taking your own responsibility are her focal points.

### **Erica Rijnsburger**

*Meaning-giver*

*Happy note*

*Change initiator*

Erica Rijnsburger worked for more than 10 years for BCO/Origin. She set up the Management of Change unit and developed a change management approach. In 2001 she started as independent coach and management



consultant in the fields of change management, personal development, teambuilding and leadership. Erica has studied how, why and when people learn and develop themselves. During her training and coaching sessions she uses an interesting variation of creative and immediately applicable interventions to give people more insight into themselves and their environment. As a result of this people are less afraid to take the responsibility of solving problems and taking their own initiatives.

### **Contact!**

Moved, curious or ready to take a step beyond?

We look forward to hearing what we can do for you or your organisation.

### **YodTum!**

**School of Natural Leadership**  
is part of Firmament.

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