

YodTum!

School of Natural Leadership

the Individual Journey _____ to natural leadership



Firmament

For Whom?

For everyone who dares look themselves in the eye ... and into their soul.
For those who want to know what their unique significance is, their life's purpose.
For those who want to sparkle. Who want to live by what really drives and fulfils.
And, for those who want to know how to bring out the best in themselves; how to inspire themselves and others, by being just who they are.

Empowering Training courses

*The paths are different,
the destination the same*

Our intensive training courses bring everyone's natural leadership to the surface. The focus differs but applying your natural leadership in your day to day life is the focal point. Every course starts with an individual YodTum Day: an in-depth self-investigation into your own natural leadership. Exciting, sometimes confronting; but always empowering and inspiring!

- the Expedition to natural leadership

Intensive leadership program which focuses on work and a powerful interaction between training sessions and one's own working environment.
Group course of 12 days + Out of the Box project. Costs: € 7.200 (excl. VAT)

- the Voyage of discovery to natural leadership

Intensive training course which focuses on effectuating your natural leadership in your life.
Group course of 7 days + Out of the Box project. Costs: € 4.700 (excl. VAT)

- the Team voyage to natural leadership

This course strengthens the synergies for teams who want to inspire each member's natural leadership capability for the benefit of the group result.
Tailored team course of 6-12 days + team project.

- the Individual journey to natural leadership

YodTum Day: an empowering self-investigation supervised by a YodTum coach. You will obtain your personal compass to natural leadership.
Follow up coaching: coaching on how to put this into effect.
Individual YodTum Day. Costs: € 1.150 (excl VAT)
Personal coaching of 6 x 1½ hours. Costs: € 1.620 (excl VAT)

You can find our training brochures on www.yodtum.nl or call us regarding tailored courses.

Natural leadership

The Inspiration

In your natural leadership you inspire yourself and others naturally, just by being yourself. Your personal source of inspiration leads you to your greatest desire; that what makes your life meaningful. The inner power that results from this urges you on. You already carry this within you, you simply aren't aware of it yet.

YodTum! The compass

YodTum is the instrument that leads you in a clear, structured self-investigation to your natural leadership. You will learn what it is that actually drives and fulfils you. What your unique, inner power is and how you can put this to use to inspire yourself and others. You will also discover your survival strategy that successfully keeps you upright in life but eventually never completely satisfies...



The 5 principles

- Clarity of intention
- Freedom of choice
- Face everything, avoid nothing
- Don't take it personally
- Act for the good of the whole

YodTum! The book

The YodTum instrument was developed by Yolanda Dol. Based on 10 years of successful YodTum coaching and training courses, she wrote this book about the workings of this empowering instrument. Order this book from www.yodtum.nl

the Individual Journey to natural leadership

A YodTum Day and personal coaching to enable you to put your natural leadership into practice.

Intention and Content

During the **YodTum Day** you will investigate your own personal natural leadership. Guided by a YodTum coach you will discover what truly drives and fulfils you and what your inner power is. You will also come face to face with your survival strategy: you will learn about your greatest fear and your hidden arrogance. You will discover your blind spot and your pitfall. And what results from your behaviour.

Together with your personal coach you will discuss how you can apply your natural leadership more in your daily life and how to manage your survival strategy. This in-depth self-investigation can be exciting and confronting but it is always revealing, inspiring and empowering.

This gained insight into your Self gives you the freedom of choice to live your life as who you really are. You hold the compass in your hand to be an inspiration to yourself and others.

The **follow up** 6 coaching sessions train you how to implement your natural leadership in your day to day life. Your personal YodTum Coach is your mirror and sparring partner. An empowering course during which you increasingly discover more about who you really are.



The Destination

At the end of this program you will have:

- Insight into who you really are, what truly inspires you and what your inner power is;
- Discovered your blind spot and your pitfall;
- The knowhow to stop the kind of behaviour that doesn't work in your favour;
- New scenarios for behaviour that does bring you the results you desire;
- Found a way to give your life the change in direction it needs to do justice to your natural leadership;
- Set up support systems around you who will give you the necessary support;
- Experienced the inspiration of your natural leadership and started to put it to use in your life.



Method

Your self-investigation starts by answering the questions in the YodTum exercise book. During the YodTum Day, the coach uses various techniques for questioning and researching, sometimes also making use of visualisations. In the follow up sessions you develop and strengthen the new scenario's with which you can put your natural leadership to use in your day to day life.



my greatest desire
+ *my inner power*
= *my natural leadership*

my greatest fear
+ *my hidden arrogance*
= *my survival strategy*

With the YodTum model, filled in with your personal values, you have your compass to an inspiring life in your hands.

Costs

YodTum Day: € 1.150 (excl. VAT)

* special rates on request

Empowering follow-up:

Personal coaching

6 x 1½ hrs.: € 1.620 (excl. VAT)

the YodTum Coaches

Our certified YodTum coaches have been chosen for their expertise, their authenticity and their enthusiasm to let people blossom into the inspiring personalities they already are on the inside.

Andrea Henning

Essentialist

Reckless dreamer

Globe trotter

Andrea Henning is master of agricultural science. She is a pragmatic optimist with big dreams of which many have become reality. She has a keen eye for seeing where people stand in their process and what their next step could be. As no other, Andrea stimulates people to discover their authenticity and to create their lives from what drives them from deep within. Andrea gets to the heart of the matter. Tangible results, awareness and taking your own responsibility are her focal points.



Erica Rijnsburger

Meaning-giver

Happy note

Change initiator

Erica Rijnsburger set up the unit Management for Change for BSO/ Origin and developed a change management approach. In 2001 she started as independent coach and management consultant in the fields of change management, personal development, teambuilding

and leadership. Erica has studied how, why and when people learn and develop themselves. She uses an interesting variation of creative and immediately applicable interventions to give people more insight into themselves and their environment.



Yolanda Dol

Visionary entrepreneur

Lady Justice

Courageous woman

Yolanda Dol completed her degrees in Business Studies and Law. At the age of 27 she founded her own executive search agency. Driven by the desire to enable everyone's unique inspiration and contribution be placed in the footlight, she founded Firmament in 1996: a network of professionals who stimulate the awareness processes in people and within organisations. Yolanda developed the YodTum model with which she has been working successfully for the past ten years. She is the enthusiastic inspirer and initiator of the YodTum School for Natural Leadership.



Rina van der Meulen

Discoverer

Catalyst

Empowerment agent

During her career in the health services, Rina van der Meulen has learned to safeguard the human aspect even when the pressure for attaining results is high. As interim manager she created healthy teams by developing talent and bringing them together. This fed her desire to support people at a deeper level. Rina has a mirroring style and is extremely empathetic. She is convinced that the answers to questions are hidden within the persons themselves.



Chris van de Velde

Integral reflector

Philosopher

Affective counsellor

Chris van de Velde studied philosophy at Gent University and has had a practise in training/coaching since 1988. He developed a professional course in counselling at the Netherlands Academy for Psychotherapy where he also taught. For companies his passion is: stimulating natural and charismatic leadership in people. Chris's allies are: humour, depth, informality and an inspiring amount of knowledge and expertise. Because of this, people feel acknowledged and understood and are able to gain surprising insights and effectively work on their development points. And especially: be themselves together with others.



Contact!

Moved, curious or ready to take a step beyond?

We look forward to hearing what we can do for you or your organisation.

YodTum!

School of Natural Leadership

is part of Firmament.

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