

YodTum!

School of Natural Leadership

the Team Journey _____ to natural leadership



Firmament

For Whom?

For everyone who dares look themselves in the eye ... and into their soul.

For those who want to know what their unique significance is, their life's purpose.

For those who want to sparkle. Who want to live by what really drives and fulfils.

And, for those who want to know how to bring out the best in themselves; how to inspire themselves and others, by being just who they are.

Empowering Training courses

*The paths are different,
the destination the same*

Our intensive training courses bring everyone's natural leadership to the surface. The focus differs but applying your natural leadership in your day to day life is the focal point. Every course starts with an individual YodTum Day: an in-depth self-investigation into your own natural leadership. Exciting, sometimes confronting; but always empowering and inspiring!

- the Expedition to natural leadership

Intensive leadership program which focuses on work and a powerful interaction between training sessions and one's own working environment.

Group course of 12 days + Out of the Box project. Costs: € 7.200 (excl. VAT)

- the Voyage of discovery to natural leadership

Intensive training course which focuses on effectuating your natural leadership in your life.

Group course of 7 days + Out of the Box project. Costs: € 4.700 (excl. VAT)

- the Team voyage to natural leadership

This course strengthens the synergies for teams who want to inspire each member's natural leadership capability for the benefit of the group result.

Tailored team course of 6-12 days + team project.

- the Individual journey to natural leadership

YodTum Day: an empowering self-investigation supervised by a YodTum coach. You will obtain your personal compass to natural leadership.

Follow up coaching: coaching on how to put this into effect.

Individual YodTum Day. Costs: € 1.150 (excl VAT)

Personal coaching of 6 x 1½ hours. Costs: € 1.620 (excl VAT)

You can find our training brochures on www.yodtum.nl or call us regarding tailored courses.

Natural leadership

The Inspiration

In your natural leadership you inspire yourself and others naturally, just by being yourself. Your personal source of inspiration leads you to your greatest desire; that what makes your life meaningful. The inner power that results from this urges you on. You already carry this within you, you simply aren't aware of it yet.

YodTum! The compass

YodTum is the instrument that leads you in a clear, structured self-investigation to your natural leadership. You will learn what it is that actually drives and fulfils you. What your unique, inner power is and how you can put this to use to inspire yourself and others. You will also discover your survival strategy that successfully keeps you upright in life but eventually never completely satisfies...



The 5 principles

- Clarity of intention
- Freedom of choice
- Face everything, avoid nothing
- Don't take it personally
- Act for the good of the whole

YodTum! The book

The YodTum instrument was developed by Yolanda Dol. Based on 10 years of successful YodTum coaching and training courses, she wrote this book about the workings of this empowering instrument. Order this book from www.yodtum.nl

the Team Journey to natural leadership

A synergy strengthening training course for teams who want to inspire each member's natural leadership capability for the benefit of the group result.

Intention and Content

The program starts by taking an inventory of the potential of the team as a whole. What are the strengths and what are the possible weaknesses. What is the starting point and where does the team want to end? The team chooses an inspirational Team Project that it wants to carry out simultaneously with the training program.

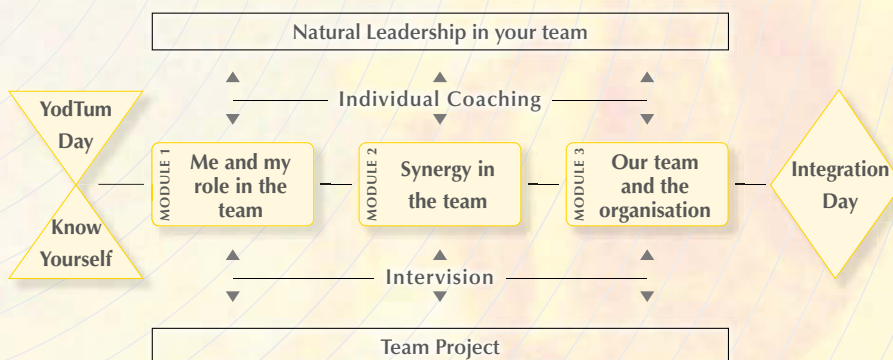
During the **YodTum Day** every team member discovers his/her own natural leadership – and, his/her survival strategy. Do the trainers already see possible reasons for the weaknesses? In the 3 training modules the following will be addressed:

Module 1: My and my role in the team. Exchange of everyone's natural leadership role and pitfall. How do we complement each other and what is the effect of your survival strategy on the others? In the Team plan everyone gives more form to their own leadership role in the team.

Module 2: Synergy in the team. Focus on strengthening the synergy based on trust, openness, involvement, personal responsibility and result orientation.

Module 3: Our team and the organisation. Research into the functioning and the importance of the team in the context of the mission and vision of the organisation.

Integration day. Evaluation, clear agreements and celebration of the team results.



Team Project

Parallel to this program the team will work closely together on an inspiring Out of the Box project. In this way everyone's natural leadership is immediately put to practical use. During the peer group meetings there is opportunity for profound reflection about everyone's role and contribution to the team. Weaknesses are solved together.

The Destination

At the end of the program the team members will have:

- Insight into their own natural leadership role and the significance for the team and the organisation;
- Knowledge and appreciation of the natural leadership role of their team mates;
- Gained experience with a change plan initiated by themselves using advanced concepts on organisation and team development;
- Accomplished maximum involvement and responsibility in their team;
- Inspired themselves and others with their own natural leadership;
- The ability to challenge the team and organisation to high performance and maximum resilience;
- A true feeling of being an Ambassador for themselves, the team and the organisation.



Clarifying pattern of thought: the 5 frustrations of team work according to Patrick Lencioni.

Made to fit Team Training

Because the personalities and the wishes differ per team, we will design this team journey in close collaboration with you. The trainers will also be chosen in consultation with you so that their specific expertise is an optimal match to your organisation.



Meet the Trainers

Our trainers each have their own field of expertise, are authentic and share the desire to let people shine like the inspiring personalities they are on the inside. The trainers for the team training course will be chosen in collaboration with the client.

Frank Schaper

Leadership specialist

Maker of team awareness

Inventor

Frank Schaper discovered his passion for synergy in teams during his management positions at the KLM where he managed departments and teams of 70 to 7000 employees.



For Frank the application of each and everyone's unique qualities is the key.

Since 2001 he shares his knowledge and expertise as a trainer, personal coach and writer. In his book *How to become a born leader* he mirrors people with their (cartoon) hero's. Using his creative spirit, Frank manages to inspire and challenge people to find new ways of accomplishing the results they are aiming for.

Erica Rijnsburger

Meaning-giver

Happy note

Change initiator

Erica Rijnsburger worked for more than 10 years for BCO/Origin. She



set up the Management of Change unit and developed a change management approach. In 2001 she started as inde-

pendent coach and management consultant in the fields of change management, personal development, teambuilding and leadership. Erica has studied how, why and when people learn and develop themselves. During her training sessions she uses an interesting variation of creative and immediately applicable interventions to give people more insight into themselves and their environment.

Chris van de Velde

Integral reflector

Philosopher

Affective counsellor

Chris van de Velde studied philosophy at Gent University and has had a practise in training/coaching since 1988. He developed a professional course in counselling at the Netherlands Academy for Psychotherapy where he also taught. For companies his passion is:



stimulating natural and charismatic leadership in people. Chris's allies are: humour, depth, informality and an inspiring amount of knowledge and expertise. Because of this, people feel acknowledged and understood and are able to gain surprising insights and effectively work on their development points. And especially: be themselves together with others.

Andrea Henning

Essentialist

Reckless dreamer

Globe trotter

Andrea Henning is master of agricultural science. She is a pragmatic optimist with big dreams of which many have become reality. She has a keen eye for seeing where



people stand in their process and what their next step could be. Andrea stimulates people to discover their

authenticity and to create their lives from what drives them from deep within.

In team courses she makes sure that all hands are on deck and strives for results that make everyone want to get out of bed in the morning! Tangible results, awareness and taking your own responsibility are her focal points.

Contact!

Moved, curious or ready to take a step beyond?

We look forward to hearing what we can do for you or your organisation.

YodTum!

School of Natural Leadership
is part of Firmament.

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